CHILD MANIA RATING SCALE, PARENT VERSION (CMRS-P)

		(mm/dd/yy)	,				
INS	STRUCTIONS						
eac	The following questions concern your child's mood and behavior <i>in the past week</i> . Please place a check mark or an 'x' in a box for each item. Please consider it a problem if it is causing trouble and is beyond what is normal for your child's age. For example, check 'rare or never' if the behavior is not causing trouble.						
Do	es your child	Never	SOMETIMES	OFTEN	VERY Often		
1.	Have periods of feeling super happy for hours or da time, extremely wound up and excited, such as feel "on top of the world"		1	2	3		
2.	Feel irritable, cranky, or mad for hours or days at a	time 0	1	2	3		
3.	Think that he or she can be anything or do anything (e.g., leader, best basket ball player, rap singer, millionaire, princess) beyond what is usual for that	0	1	2	3		
4.	Believe that he or she has unrealistic abilities or powers that are unusual, and may try to act upon the which causes trouble	em, ()	1	2	3		
5.	Need less sleep than usual; yet does not feel tired the next day	0	1	2	3		
6.	Have periods of too much energy	0	1	2	3		
7.	Have periods when she or he talks too much or too loud or talks a mile-a-minute	0	1	2	3		
8.	Have periods of racing thoughts that his or her min cannot slow down, and it seems that your child's mannot keep up with his or her mind		1	2	3		
9.	Talk so fast that he or she jumps from topic to topic	0	1	2	3		
10.	Rush around doing things nonstop	0	1	2	3		
11.	Have trouble staying on track and is easily drawn to what is happening around him or her	0	1	2	3		
12.	Do many more things than usual, or is unusually productive or highly creative	0	1	2	3		
13.	Behave in a sexually inappropriate way (e.g., talks dirty, exposing, playing with private part masturbating, making sex phone calls, humping on dogs, playing sex games, touches others sexually)	()	1	2	3		
14.	Go and talk to strangers inappropriately, is more socially outgoing than usual	0	1	2	3		

Does your child	Never	SOMETIMES	OFTEN	Very Often	
15. Do things that are unusual for him or her that are foolish or risky (e.g., jumping off heights, ordering CDs with your credit cards, giving things away)	0	1	2	3	
16. Have rage attacks, intense and prolonged temper tantrums	0	1	2	3	
17. Crack jokes or pun more than usual, laugh loud, or act silly in a way that is out of the ordinary	0	1	2	3	
18. Experience rapid mood swings	0	1	2	3	
19. Have any suspicious or strange thoughts	0	1	2	3	
20. Hear voices that nobody else can hear	0	1	2	3	
21. See things that nobody else can see	0	1	2	3	

TOTAL SCORE _____

Please send comments to: PavuluriMD@Brainandwellness.com